

Track How You Feel with AmpCoil

The AmpCoil System works with the bioterrain and energetic systems of the body; the physical manifestation of disease is downstream. In other words, disease is more likely to take hold when we are not energetically balanced in our internal and external environments. AmpCoil supports energetic balance in the body.

Session Symptom Tracker Directions:

1. Complete this form before beginning the first session
2. Complete this form following several sessions, weekly for ongoing sessions.
*DO NOT review your initial form before completing your subsequent Symptom Tracker(s).
3. Compare your initial Session Symptom Tracker form to subsequent score(s).

Score: Rate the questions below on a scale of 1 – 10, 10 being severe/chronic problems

Frequency: Never = 0 Rarely = 1 Sometimes/Circumstantial = 2 Almost Always = 3

Emotional / Mental Exp.	Score	Freq.
Stress		
Depression		
Anxiety		
Aggression		
Irritability or Anger		
Fatigue		
Foggy Brain		
Problems Sleeping		
Memory Problems		
Difficulty Focusing		
Additional issues not listed above		
Total Score Emotional / Mental Experience		

Physical Experience	Score	Freq.
Joint Pain		
Inflammation		
Constipation		
Diarrhea		
Numbness		
Poor Circulation		
Gout		
Body Odor		
Congestion		
Acne/skin issues		
Additional issues not listed above		
Total Score Physical Experience		

Total Score (Emotional / Mental + Physical) Experience

The AmpCoil System is not intended to diagnose, treat, prevent, cure or mitigate any disease. Information contained in this document is provided for educational purposes only.